**T.C**

**SELÇUK ÜNİVERSİTESİ**

**SAĞLIK BİLİMLERİ FAKÜLTESİ**

**BESLENME VE DİYETETİK BÖLÜMÜ**

**KURUM DIŞI MESLEKİ UYGULAMA DERSİ**

**STAJ DEFTERİ**

Öğrenci Adı-Soyadı:................................................................................................

Öğrenci Numarası:..................................................................................................

Kurum Adı:.............................................................................................................

Kurum Adresi:………………………………………………………………….....

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Öğrenci İşleri Birimi Sağlık Bilimleri Fakültesi Dekanı

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 İmza İmza

**KURUM BİLGİSİ**

Kurumun Niteliği:........................................................................................................................

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Uygulama/Çalışma Alanı:............................................................................................................

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Fiziki Kapasitesi:..........................................................................................................................

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**1. İŞ GÜNÜ Tarih:....../....../.......**

Planlanan ve Gerçekleştirilen Faaliyet: (*Eğer ilgili günde “Yetişkin ve Çocuk Hastalıklarında Beslenme ve Diyetetik Uygulamaları” alanında tecrübe edindiyseniz, aşağıdaki bilgilerden yararlanarak hazırlayabilirsiniz*.)

**1. Hasta bilgileri**

**2.Hastanın öyküsü/anamnezi**

**3.Varsa geçirdiği ameliyatlar, kullandığı ilaçlar, insülinler (**dozları dahil**)**

**4.Kan bulguları**

**5.Hastalıkla ilgili kısa bilgilendirme**

**6.Hastanın günlük gereksinmelerinin hesaplanması (**enerji, cho, protein, yağ, sıvı**)**

**7.Hastanın 24 saatlik geriye dönük besin tüketim kaydı ve bu kaydın enerji, besin öğesi hesaplamaları** (bmh, age, cho %, protein % ve g/kg, yağ %)

**8.Stajyer öğrencinin önereceği diyet ve bu diyetin değişim listesi, enerji, besin öğesi hesaplamaları** (enerji, cho %, protein % ve g/kg, yağ %)

**9.Hastalıkla ilgili beslenme önerileri, yasaklar listesi**

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**2. İŞ GÜNÜ Tarih:....../....../.......**

Planlanan ve Gerçekleştirilen Faaliyet (*Eğer ilgili günde “Toplu Beslenme Hizmetleri” alanında tecrübe edindiyseniz aşağıdaki bilgilerden yararlanarak hazırlayabilirsiniz.)*

1. **Teknik Şartname Örnekleri**
2. **Okul öncesi grupta 1 haftalık menü, menünün ortalama günlük enerji ve besin ögesi değerleri**
3. **Diyet mutfağı için 1 haftalık menü, menünün ortalama günlük enerji ve besin ögesi değerleri**
4. **Kış mevsimi için örnek menü**
5. **Yaz mevsimi için örnek menü**

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**3. İŞ GÜNÜ Tarih:....../....../.......**

Planlanan ve Gerçekleştirilen Faaliyet..........................................................................................

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**4. İŞ GÜNÜ Tarih:....../....../.......**

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**5. İŞ GÜNÜ Tarih:....../....../.......**

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**6. İŞ GÜNÜ Tarih:....../....../.......**

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**7. İŞ GÜNÜ Tarih:....../....../.......**

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**8. İŞ GÜNÜ Tarih:....../....../.......**

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**9. İŞ GÜNÜ Tarih:....../....../.......**

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**10. İŞ GÜNÜ Tarih:....../....../.......**

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**11. İŞ GÜNÜ Tarih:....../....../.......**

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**12. İŞ GÜNÜ Tarih:....../....../.......**

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**13. İŞ GÜNÜ Tarih:....../....../.......**

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**14. İŞ GÜNÜ Tarih:....../....../.......**

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**15. İŞ GÜNÜ Tarih:....../....../.......**

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**16. İŞ GÜNÜ Tarih:....../....../.......**

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**17. İŞ GÜNÜ Tarih:....../....../.......**

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**18. İŞ GÜNÜ Tarih:....../....../.......**

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**19. İŞ GÜNÜ Tarih:....../....../.......**

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**20. İŞ GÜNÜ Tarih:....../....../.......**

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**AÇIKLAMA**

1-Kurum Dışı Mesleki Uygulama 20 iş günü üzerinden haftada 35 saatlik bir uygulamayı içermektedir.

2-Telafi günleri devam edilmeyen gün üzerinden hesaplanır.

3-Uygulama sonunda defterde yer alan tüm günler eksiksiz olarak doldurulmalıdır.

4-Derse yönelik başarı notunun tespitinde defterde yer alan uygulamalar ders sorumluları tarafından incelenerek elde edilir.

5-Öğrencilerin SGK İş sigortaları başvuru formunda yer alan tarihler dikkate alınarak Sağlık Bilimleri Fakültesi tarafından yapılır. Bu süreler haricinde öğrencinin yaşayacağı iş kazalarından öğrencinin kendisi sorumludur.

6- Bu ders Beslenme ve Diyetetik Bölümü Lisans Programında zorunludur.

7-Bu dersten başarısızlıktan veya devamsızlıktan kalan öğrenciler dersin yeterliliği çerçevesinde dersi doğrudan almak ve takip etmek zorundadır.

8- Staj defteri öğrenci tarafından Sağlık Bilimleri Fakültesi Dekanı ve Öğrenci İşleri Birim sorumlusuna imzalatılmak zorundadır.